

# AMERICAN CENTER

NEWSLETTER • JUNE 2020

#### WELCOME NOTE

AMERICAN SPACES TEAM

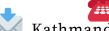
Dear Patrons,

This is an unprecedented time in our history. The COVID-19 pandemic is having an impact on the health of our loved ones, the way we live our daily lives, and the way we interact with you. As we continue to navigate through these unique and evolving challenges, we want to let you know the American Spaces family is here with you. With the vast majority of us confined to our homes, we have temporarily migrated our programs virtually to Zoom and Facebook Live. Although we are currently living and interacting in the virtual space, rest assured it does not replace the human interaction that we are accustomed to and value. We know some of you are under stress and feeling isolated, for this reason we are designing and implementing programs that are responsive to your needs. We are also bringing back the American Center newsletter. Please join as we explore and discuss contemporary issues and questions together. And please stay in touch to let us know what you think - whether it's about this newsletter, our programs, accessing our resources electronically, or if you have ideas about future programs we should design. You can email us at: KathmanduAmericanCenter@gmail.com

Sincerely, American Spaces Team

#### AMERICAN CENTER KATHMANDU

Embassy of the United States Maharajgunj, Kathmandu



977-1-423-4552 KathmanduAmericanCenter@gmail.com

**JUNE** PROGRAMS

REGISTRATION REQUIRED

Regional Book Club: **Books Beyond Borders** •Monday | June 8

Panel Discussion: Status of LGBTQ+ Community •Tuesday June 2 | 1 PM

Fighting Health Misinformation During the COVID-19 Global Pandemic •Tuesday June 2 | 4:15 PM

Relevance of Online classes in Pandemic: secondary Level •Thursday June 4 | 1 PM

Click Here to

**REGISTER NOW!** 

See details Inside

#### JUNE PROGRAM DETAILS

# Panel Discussion: Status of LGBTQ+ Community

Tuesday June 2 | 1 PM

Prominent members from the LGBT+ community and other stakeholders will discuss the challenges and opportunities they are currently encountering due to the COVID-19 pandemic

#### Fighting Health Misinformation During the COVID-19 Global Pandemic

Tuesday June 2 | 4:15 PM

Join us to hear from reputable health experts from John Hopkins and Northeastern University, as they discuss the unique challenges we are facing in tackling health misinformation during the current COVID-19 global pandemic. To attend & ask questions go to: https://www.facebook.com/IHKathmandu/

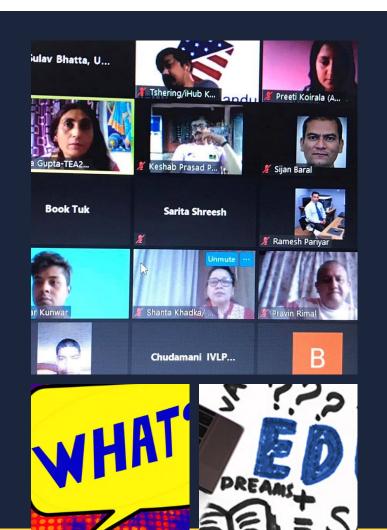
# Relevance of Online classes in Pandemic: secondary Level

Thursday June 4 | 1 PM

An interactive program with private and public school administrators and teachers as they discuss the challenges and opportunities they have as they navigate this new landscape of online classes.

#### Regional Book Club: Books Beyond Borders Monday | June 8

Do you love to read and have in depth discussions? If so, join our regional book club along with other book readers from India, Sri Lanka, Bangladesh, and the Maldives to discuss and analyze the respective book via Google Classroom.



# THE MONTHLY RECAP FROM APRIL/MAY

#### **COVID-19 Misinformation**

In cooperation with Embassy Jakarta and U.S. Consulate General Mumbai, American Center Kathmandu conducted a virtual discussion on COVID-19 misinformation and the broader landscape of misinformation in the respective countries.

#### **USG Alumni Meetup**

American Spaces in Nepal collaborated to invite seven USG exchange program alumni from across Nepal. Panelists talked about their exchange program experience, things they learned during the program, and how they are utilizing their knowledge for the betterment of their communities.

#### THE MONTHLY RECAP

## Public Speaking Training: Sparkle When You Speak

This session shed light on different techniques of public speaking that our trainer has learned over the years with the focus on effective speech delivery. It emphasized two important aspects of public speaking: 'what you say' (content) and 'how you say' (body language, voice modulation, eye contact, overcoming nervousness, developing confidence, etc.)

#### **CV Crafting Workshop**

The trainer talked about the following differences between bio-data, resume, and CV; components of beginner's CV; understanding the employers' lens, and avoiding the most common pitfalls. The interaction following the session focused on requirements of a CV for internship, importance of references in a CV, and inclusion of scholarships and awards in a CV.

### Awareness Program Through CDC's Podcast

An educational awareness program on three ways young adults can stay safe and healthy during this Covid-19 pandemic. With a low testing rate and minimal health services in Nepal, participants listened and discussed a CDC podcast titled, "Non Pharmaceutical Measures for the Pandemic Flu & Covid-19".

## PowerPoint for Visual Communication

Participants received hands-on experience on the benefits of shape merge tools, design of flat icons, use of animation to tell a story, techniques on how to better engage audiences, and ways to visualize data. All these topics, as well as, how to insert videos, designing graphs, merging files from Microsoft Word, and best practices for recording videos using PowerPoint were illustrated.

#### Session on MOOCs

Participants learned how Massive Open Online Courses (MOOC) allows for the free access to courses from reputable universities in the world. Besides giving tips on selecting a correct MOOC and earning a verified certificate, the speaker also invited some avid MOOCers who highlighted how they benefited from MOOCs during lockdown, the challenges they faced, and the applause they have earned.

## How the Local Government Should Act to Recover the Economy?

Local government officials began the session by presenting on how COVID-19 has affected local government budgets and ways the local economy can be revived by the Federal Government. We had the opportunity to hear from deputy mayors from Nepalgunj, Dhara, Galkot, and Damak.

#### Second Virtual Regional Book Club

Over 130 participants from Nepal, Bangladesh, India, and Sri Lanka registered to read, "The Kite Runner" by Khaled Hosseini. Facilitated by the Kathmandu American Center, New Delhi American Center, and Karkhana the book was discussed and analyzed during a two week period via Google Classroom in an asynchronous mode. Participants borrowed the book for free for the duration of the book discussion through the Internet Archive – a non-profit library that allows the access of millions of books for free.